



*Spirit Essences*  
Holistic Remedies for Animals

## Special for friends of Susan Hamlin!

Buy Spirit Essences at [www.spiritessences.com](http://www.spiritessences.com) and use the rebate code **HAMLIN** during checkout for a 5% discount!

This is a sample of popular formulas for all animals plus specific formulas for dogs, cats, horses. Complete list of formulas (including bird formulas) online at [www.spiritessences.com](http://www.spiritessences.com)

Formula	Description
<b>Bully Remedy</b>	When one animal wants to control and dominate the others; to help the bully relax and let others go about their business.
<b>Changing Times</b>	For adjusting to major life changes, such as moving, the arrival of a new baby, new roommate, or other long-term or permanent situations.
<b>Easy Traveler</b>	For animals who are fearful about traveling. Helps relieve motion sickness in dogs and cats, helps horses keep their balance during transport.
<b>Noni Essence</b>	This essence, made from the juice of the Tahitian Noni fruit, is a master healer and helps enhance all other healing modalities. It supports the immune system and brings balance and healing to the whole body.
<b>Obsession Remedy</b>	For animals with obsessive-compulsive behaviors such as excessive grooming, self-mutilation, pacing or over-vocalization.
<b>Peacemaker</b>	To reduce or eliminate aggression, tension, and jealousy between animals. Helps keep the peace in multi-animal families.
<b>Self-Esteem</b>	For animals who lack self-confidence or who are overly submissive; including submissive urination in dogs. For the picked-on animal, the doormat with a "victim" attitude.
<b>Separation Anxiety Remedy</b>	For the pet who gets anxious or upset when you're getting ready to leave, or acts out or becomes destructive as soon as you're gone.
<b>Stress Stopper</b>	Helps animals adapt and cope with unusual or stressful situations, such as thunderstorms, boarding, remodeling, visitors, or similar situations. Helps animals feel grounded and protected. Helpful for animals who get stressed while traveling or who get carsick.

<b>Trauma-Free</b>	For treatment of Post Traumatic Stress Disorder in animals. To clear the energy system of past abuse, neglect, accidents or other negative "baggage." Perfect for animals recently adopted from a shelter or rescue organization.
<b>Graceful Aging</b>	Helps to cope with the aging process. Disperses unhealthy energy patterns that can get "stuck" and contribute to general grouchiness, senility and disease.
<b>Grouch Remedy</b>	For the animal who is moody, depressed, or despondent. Especially good for animals who are easily annoyed by children, rambunctious animals or generally chaotic homes.
<b>Healthy Helper</b>	To provide energetic support for the immune system. Helpful for the animal who is recovering from illness, injury, or surgery.
<b>Creak Away</b>	For arthritis or other movement problems, to help maintain balance and remove the underlying stuck energy patterns that contribute to stiffness in the joints.
<b>Holiday Stress Stopper</b>	The holiday season can also be very stressful for our pets. This special edition of our popular Stress Stopper formula has added ingredients to help cope with the increased hustle and bustle.
<b>Hyper Helper</b>	For the animal who often resembles a furry blur! To help balance out-of-control energy with softer, integrated actions.
<b>Loss Remedy</b>	For the animal who is mourning or having difficulty accepting the loss of a mate or companion.
<b>Nervous Nelly</b>	For animals who are overly sensitive to their environments. For animals who are shy, timid, fearful, or "high strung." ( <b>Use Scaredy Cat for felines</b> ).
<b>Night Owl Remedy</b>	For animals who are determinedly nocturnal, whose circadian rhythms are out of sync with the rest of the household. While pursuing behavior modification, this remedy is great to help retrain animals with the middle-of-the-night crazies and let everyone rest more soundly.
	<b>Horse Specific Remedies</b>
<b>Five-Element Equine: Earth</b>	To balance and moderate the tendencies and predispositions of the Earth type horse.
<b>Five Element Equine: Fire</b>	To balance and moderate the tendencies and predispositions of the fire type horse.

<b>Five-Element Equine: Metal</b>	To balance and moderate the tendencies and predispositions of the metal type horse.
<b>Five Element Equine: Water</b>	To balance and moderate the tendencies and predispositions of the water type horse.
<b>Five-Element Equine: Wood</b>	To balance and moderate the tendencies and predispositions of the wood type horse.
<b>Equine Performance</b>	To help the horse perform at its best. Helpful for horses who are nervous about competition, don't like crowds, or who lack the confidence or drive to excel.
<b>Equine Training</b>	To help with training for show, racing, film, dressage, jumping, eventing, rodeo or other performance events; or to assist with undoing bad habits.
	<b>Cat Specific Remedies</b>
<b>Feline Performance</b>	For the stress of travel and showing, especially for the "newbie" show cat; helps prevent or reduce reactions such as fear or aggression.
<b>Feline Training</b>	Yes, cats <i>can</i> be trained! This formula will help with training or assist with undoing bad habits.
<b>Feral Cat Rehabilitation</b>	To help feral cats overcome their fears, to facilitate the process of domestication, and to allow them to accept and reciprocate attention and affection from people.
<b>Declaw Remedy</b>	Helps heal the physical, energetic and psychological wounds from declaw surgery, no matter how long ago it was done.
<b>Safe Space for Cats</b>	To help the cat establish appropriate boundaries and reduce territorial stress that may manifest as spraying, inappropriate elimination, aggression, or other stress-related behaviors.
<b>Scaredy Cat</b>	For the very shy, timid, or fearful cat who runs from every little noise, or who lives in the closet or under the bed.
	<b>Dog Specific Remedies</b>
<b>Canine Training</b>	To help with training from basic obedience to show, agility, or work; or to assist with breaking bad habits.
<b>Canine Performance</b>	For show, agility, working, field, or performance situations. Helps the dog stay focused and alert, and perform at his/her best.

<b>Safe Space for Dogs</b>	To help the dog establish appropriate boundaries and reduce territorial stress that may manifest as inappropriate elimination, barking, aggression, or other stress-related behaviors.
<b>Ultimate 3-Remedy Sets</b>	
<b>Ultimate Canine Athlete</b>	For all the situations the show dog or canine athlete faces. Also great for search and rescue, and other working dogs. <i>Ultimate Canine Performance</i> comes as a three formula set: <b>Canine Training, Canine Performance and Stress Stopper.</b>
<b>Ultimate Changing Times</b>	For adjusting to major life changes like moving, baby's arrival, surgery, caregiver absence, or other predictable change in routine. <i>Ultimate Changing Times</i> comes with: <b>Before Remedy, During Remedy and After Remedy.</b>
<b>Ultimate Equine Athlete</b>	This three-remedy set includes: <b>Equine Training</b> , to be given at time of schooling, <b>Equine Performance</b> , to be given the day of and just before the event and <b>Stress Stopper</b> , to help deal with the stresses of competitive life, including trailering, new environments, variable schedules, and other horses.
<b>Ultimate Peacemaker</b>	For deep, serious, or longstanding aggression/conflicts between animals. <i>Ultimate Peacemaker</i> comes with: <b>Peacemaker, Bully Remedy and Self-Esteem</b>
<b>Ultimate Skin Soother</b>	Helps those animals dealing with a wide range of skin conditions. This combination of remedies will help soothe not only the energy imbalances brought on by such ailments but the obsessive-compulsive behaviors often associated with them. <i>Ultimate Skin Soother</i> comes with: <b>Skin Soother, Obsession Remedy and Stress Stopper.</b>

### **DON'T FORGET!**

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Note: Animal communication is not a substitute for veterinary care.  
Please consult your veterinarian about your animal's medical issues.